

# 2009 Mid-Central College Conference Championships

*Taylor University*

*April 24-25*

## Order of Track Events

### Friday, April 24

1:45 p.m.	Walk Race	Women & Men	Final (non-scoring)
2:30 p.m.	110 M Hurdles	Men	Prelim
	100 M Hurdles	Women	Prelim
	4 x 800 Meter Relay	Men	Final
	100 Meters	Men	Prelim
	100 Meters	Women	Prelim
	4 x 800 Meter Relay	Women	Final
	200 Meters	Men	Prelim
	200 Meters	Women	Prelim
	10,000 Meters	Men	Final
	10,000 Meters	Women	Final

### Saturday, April 25

2:30 p.m.	Steeplechase	Women	Final
2:45 p.m.	4 x 100 M Relay	Men	Final
2:55 p.m.	4 x 100 M Relay	Women	Final
3:05 p.m.	Steeplechase	Men	Final
3:25 p.m.	1,500 M Run	Men	Final
3:35 p.m.	1,500 M Run	Women	Final
3:45 p.m.	110 M Hurdles	Men	Final
3:50 p.m.	100 M Hurdles	Women	Final
4:00 p.m.	400 Meters	Men	Final
4:10 p.m.	400 Meters	Women	Final
4:20 p.m.	100 Meters	Men	Final
4:25 p.m.	100 Meters	Women	Final
4:30 p.m.	800 Meters	Men	Final
4:40 p.m.	800 Meters	Women	Final
4:50 p.m.	400 M Hurdles	Men	Final
5:00 p.m.	400 M Hurdles	Women	Final
5:10 p.m.	200 Meters	Men	Final
5:15 p.m.	200 Meters	Women	Final
5:20 p.m.	5,000 Meters	Women	Final
5:35 p.m.	5,000 Meters	Men	Final
5:55 p.m.	4 x 400 M Relay	Men	Final
6:05 p.m.	4 x 400 M Relay	Women	Final
6:30 p.m.	<i>Awards Ceremony</i>		

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**Order of Field Events**

**Friday, April 24**

2:30 p.m.	Shot Put	Men	Prelim & Finals
	Discus	Women	Prelim & Finals
	Pole Vault	Women	Finals
	Long Jump	Women	Prelim & Finals
4:30 p.m.	Pole Vault	Men	Finals
5:00 p.m.	Long Jump	Men	Prelim & Finals
	High Jump	Women	Prelim & Finals
	Hammer	Men	Prelim & Finals
	Javelin	Women	Prelim & Finals

**Saturday, April 25**

1:30 p.m.	Hammer	Women	Prelim & Finals
	Discus	Men	Prelim & Finals
	Triple Jump	Men	Prelim & Finals
	Triple Jump	Women	Prelim & Finals
4:00 p.m.	High Jump	Men	Prelim & Finals
	Shot Put	Women	Prelim & Finals
	Javelin	Men	Prelim & Finals

Where the order of events deviates from the rule book, it has been set by the Games Committee